

Resident Council Meeting Minutes

March 15, 2018 at 11:25 a.m.

Present: 39 residents, 4 staff, 1 family member

1. Debbie welcomed the residents and Amos said a prayer
2. Debbie led the meeting and reviewed a number of activities and special events that took place from the end of January until March 14th.
 - January Movie
 - Welcome Tea
 - Chinese New Year
 - Year-end Memorial
 - Beach Party
 - Birthdays in February and March
 - Couples Sweetheart Luncheon
 - Valentine's Day Lunch
 - Sing -A- Long
 - Memorial
 - February Movie
 - Pizza Party
 - Winter Olympics
3. Debbie announced the upcoming activities for the rest of March and April and May
 - St. Patrick's Day Party
 - Welcome Tea
 - Easter Breakfast
 - April and May Birthdays
 - Crackling Breakfasts
 - Movie
 - Spring Fling
 - May Day Tea
 - Mothers' Day Tea
 - Royal Wedding Party
 - Possibly a Memorial
 - Possibly a Welcome Tea
4. Debbie announced the new residents at the Nursing Home and in Pine View: E.B., B.C., D.P. and M.L.
5. Debbie reviewed Residents Right number 2: "[Resident's] have the right to participate, to the degree [they] choose or are able, in the planning and carrying out of

[their] care and activities wherein [their] values, needs, and preferences are central”. Debbie explained that residents have choices and that their care, values, needs and preferences are an important part of their overall care. Debbie continued to read: This means “You will be supported to maintain your cultural, and spiritual values and beliefs and to have them incorporated into the planning of your care.” Debbie said this that an example of this would be that if you were a resident that practiced a specific religion that we don’t currently practice at the nursing home then she would arrange to have someone of that faith to come in to fulfill the spiritual element that the new resident needs. Debbie continued to read:

“You will be supported to maintain ongoing communication with care team members to ensure important information is shared. Your care team is responsible to be familiar with your care needs. You will be informed of the options and expected outcomes of any medical decisions you make. Your care team will explain your medical conditions, care, and treatments and you will be supported in your right to make decisions. Your care team will do its best to help you understand discussions about your care and well-being (eg. Through translation if required, communication boards, or other types of assistance). You will be supported to maintain your independence to the greatest extent possible. You will be involved in setting goals and developing strategies to achieve them”. Debbie gave an example of setting a goal for walking with a resident to ensure the strength and independence of the resident. “You will be provided with opportunities for physical and meaningful activity” Debbie gave the example of all the different physical activities that are schedules for the residents and also the Occupational Therapy Assistant’s role (Erika Z.) “ You will be asked to designate someone to make decisions, in the event that you are unable to do so” (ex: family or friends). “You will know the names and roles of the people providing your care (care team members will wear nametags and identify themselves). Debbie showed her name tag to the residents to show them what they looked like.

6. Debbie mentioned that now that the snow is melting at a rapid rate, there is more water being tracked into the building by visitors and workers. Debbie cautioned

the residents to watch where they are going in case there is water that needs to be wiped away and to let staff know the water is there. We don't want any person to slip and fall.

7. Joan: Joan was absent
8. Karen: Karen was absent
9. Department Supervisors: None of the supervisors had any announcements
10. Debbie asked for Review and Feedback for each Department including activities. Debbie asked if the residents were happy with the food, housekeeping and laundry and care. A resident spoke to Linda Foth regarding her breakfast and Linda addressed her concern. Another resident asked Debbie what time the Spring Fling was and whether it would be on the calendar and Debbie answered that it will be on the April Calendar and advertised on posters around the building. Debbie said it was set for the 13th of April from 6-8 pm. Debbie asked if there were any other questions, concerns or comments. Debbie encouraged the residents to tell staff if they have concerns.
11. The next meeting will be in May 2018
12. The meeting adjourned at 11:40 am